

The Dangers of Spiritual Amnesia

Exodus 17: 1-7

The symptoms of Spiritual Amnesia

- Lack of Faith

Deuteronomy 7:18

But do not be afraid of them; remember well what the Lord your God did to Pharaoh and to all Egypt.

- Grumbling

Numbers 14:26-30

Philippians 2:14-15

- Loss of Joy

Psalm 118:24

²⁴ This is the day the Lord has made.
We will rejoice and be glad in it

The cure for Spiritual Amnesia

- Thankfulness - Attitude of Gratitude

1 Thessalonians 5:16-18

¹⁶ Rejoice always, ¹⁷ pray continually, ¹⁸ **give thanks in all circumstances**; for this is God's will for you in Christ Jesus.

Colossians 2:6-7

⁶ So then, just as you received Christ Jesus as Lord, continue to live your lives in him, ⁷ rooted and built up in him, strengthened in the faith as you were taught, and **overflowing with thankfulness**.

"If [thankfulness] were a drug, it would be the world's best-selling product with a health maintenance indication for every major organ system."
Dr. P. Murali Doraiswamy

"Gratitude can transform common days into thanksgivings, turn routine jobs into joy and change ordinary opportunities into blessings."

William Arthur Ward

"There are only two ways to live your life. One is as though nothing is a miracle. The other is as though everything is a miracle."
Albert Einstein

- **Praise and Declaration**

Psalm 52: 8-9 (ref Darryl 1/1/17)

⁸But I am like an olive tree
flourishing in the house of God;
I trust in God's unfailing love
for ever and ever.

⁹**For what you have done I will always praise you
in the presence of your faithful people.**

And I will hope in your name,
for your name is good.

Psalm 116:17

¹⁷I will sacrifice a thank
offering to you
and call on the name of
the Lord.

Psalm 103:1-2

- **Memorials**

Deuteronomy 4:9

But watch out! Be careful never to forget what you yourself have seen. Do not let these memories escape from your mind as long as you live! And be sure to pass them on to your children and grandchildren.

Psalm 42:6

My soul is downcast within me; therefore I will remember you from the land of the Jordan, the heights of Hermon—from Mount Mizar.

Ideas:

- **Personal/family blessing book or gratitude journal**
- **Church Blessing book**
- **Family traditions**