Born worrier transformed!
Wendy Hill

As I child I worried about everything. As I got older I would describe myself as "a born worrier". I was brought up with parents who are Christians and as a very young child I asked Jesus to come into my life. I got married, had children, had lots of good friends - but I felt very insecure about my relationships and still struggled with anxiety. I never felt good enough, I constantly felt like a failure.

Then God showed me that there was a root cause of my problem to do with events in my childhood. I had a happy childhood but my parents did a lot of short-term fostering when I was young so there were children coming and going all the time. When I was very young, I asked my mum one day "When do I have to go?". My parents were very loving and were obviously upset that I should feel that way, so were quick to reassure me. I had no memory of this happening and although I had been told about it, I didn't think it had had any effect on me. But God began to show me that this was the root of my problems.

Once God had shown me that there was a cause to my struggles – I had hope that I could finally be set free. I asked for prayer and God healed me from the fear that had taken hold of me at such a young age. The fear that had held me captive. He dealt with the root so that I could be different – and the change was amazing. I can honestly say I am a different person than I was. It's often not until you are free that you realise just how captive you were before.

Jesus sets us free from the deep things in our lives. He can touch the part of our lives that no-one else can touch. When we give our lives to Jesus he takes us just the way we are - the good, the bad and the ugly! But he loves us too much to leave us that way. If we are willing, he can change us from the inside out!